



## The Balanced Horse: The Aids By Feel, Not Force

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Inspired by the time-honoured traditions of the Classical World, Sylvia's desire to protect the horse is reflected in her training methods, which concentrate on a balanced seat and quiet aiding. She abhors the use of force and gadgetry in the schooling of horses and believes that Classical riding is the best way forward for all the disciplines. The Languages of the Aids is not as well understood today as it should be and it seems that it is frequently forgotten or fragmented, and it will be the horse that suffers most when this happens. Incorrect aiding can have a very adverse effect. The aim of 'The Balanced Horse' is to confirm in people's minds what they should be doing for each and every request, and what they must avoid. Every instruction is based on what the horse needs to feel - at that moment in time. Each aid is based on the psychological and physiological effect placed on that sensitive animal underneath us. Over time, applying each aid correctly can elicit a response as instant and involuntary as the knee jerk reaction of our own.



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#### **Therese Watson:**

A lot of people always spent their own free time to vacation or even go to the outside with them family members or their friend. Are you aware? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity that's look different you can read a book. It is really fun to suit your needs. If you enjoy the book which you read you can spent all day long to reading a publication. The book The Balanced Horse: The Aids By Feel, Not Force it is quite good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. In the event you did not have enough space to develop this book you can buy the particular e-book. You can m0ore easily to read this book out of your smart phone. The price is not too costly but this book possesses high quality.

#### **Michael Palmateer:**

The book untitled The Balanced Horse: The Aids By Feel, Not Force contain a lot of information on this. The writer explains the girl idea with easy method. The language is very clear to see all the people, so do not worry, you can easy to read the idea. The book was authored by famous author. The author will bring you in the new period of literary works. It is easy to read this book because you can keep reading your smart phone, or gadget, so you can read the book in anywhere and anytime. If you want to buy the e-book, you can available their official web-site and also order it. Have a nice learn.

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