



The Everything Parent's Guide To Children With Depression: An Authoritative Handbook on Identifying Symptoms, Choosing Treatments, and Raising a Happy and Healthy Child

Rebecca Rutledge

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Does your child seem sad, withdrawn, or lethargic? You know something's wrong, but you're not sure what to do about it. You're not alone--some six million children suffer from depression.

Your child needs help--your help. With *The Everything Parent's Guide to Children with Depression*, you can ensure that your child receives the right support and treatment. In this reassuring, practical handbook, Drs. Rebecca Rutledge and Thomas Bannister offer the professional advice you need to determine:

- If your child is at risk
- How and when to get professional help
- The best treatment options
- Benefits and side effects of medication
- What you and your family can do to help

Rutledge, an expert psychologist, and Bannister, a clinical psychiatrist, are both known for their work with depressed children and adolescents. With their help, you'll understand why your child is unhappy--and what you can do about it.

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Alva Sexton:

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Tammy Jones:

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