



# Living The Promises: Coming to Life on the Road to Recovery

*Jenifer M.*

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## **Living The Promises: Coming to Life on the Road to Recovery** Jenifer M.

You are clean and sober, and are now free to make your life one of purpose and integrity, one that fully expresses your innate gifts and talents; one that enables you to be of great service to others in and out of the rooms of recovery.

That life is not without its challenges. Day by day, you will come face-to-face with people, places, and things that test your resolve to live a more meaningful life.

And in those times, you may just need a suggestion - a thought, a word, or an action - for how to move through your challenges and experience the promise of a new freedom and a new happiness.

**Living The Promises: Coming to Life on the Road to Recovery** brings you all of that and more, with stories, meditations, and strategies - one day at a time - for finding joy, love, and purpose on the road to recovery.

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