



SPA: A Comprehensive Introduction

Elizabeth M. Johnson, Bridgette M. Redman

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This introductory textbook, developed by the International SPA Association Foundation, explores the history and philosophy of spas, examines today's spa industry, and introduces readers to spa careers. The text also takes readers through a typical day from a spa director's perspective, examines the qualities of an outstanding spa experience, and discusses industry trends and future directions.

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