



Life in Balance: 30 Day Challenge

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We all know that God tells us to be still! He tends to direct us to answers and revelation when we come before him in quietness and trust (Isaiah 30:15). God wants balance in our lives and He wants us to seek Him always. Sometimes we are so busy that we don't have time to reflect on our lives or even what God wants us to do. We have created a 30 day plan to help find what is causing chaos in your life and the things that bring you "out of balance" with God. The Life In Balance 30 day challenge will help you calm your spirit and listen to God's voice. In this 4 week study you will focus on God in Worship, Body, Mind & Spirit. We hope you enjoy our brand new coloring pages! We encourage you to doodle and color as you journal. Make this book a creative work of God in your life!

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From reader reviews:

Daniel Reynolds:

Have you spare time for just a day? What do you do when you have much more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent their particular spare time to take a walk, shopping, or went to often the Mall. How about open or perhaps read a book eligible Life in Balance: 30 Day Challenge? Maybe it is to become best activity for you. You know beside you can spend your time along with your favorite's book, you can more intelligent than before. Do you agree with its opinion or you have some other opinion?

German Montoya:

Book is to be different for every grade. Book for children until eventually adult are different content. As you may know that book is very important for people. The book Life in Balance: 30 Day Challenge seemed to be making you to know about other know-how and of course you can take more information. It doesn't matter what advantages for you. The guide Life in Balance: 30 Day Challenge is not only giving you far more new information but also to become your friend when you sense bored. You can spend your spend time to read your e-book. Try to make relationship together with the book Life in Balance: 30 Day Challenge. You never experience lose out for everything should you read some books.

Roger Waldrop:

As people who live in the actual modest era should be up-date about what going on or info even knowledge to make them keep up with the era and that is always change and make progress. Some of you maybe may update themselves by looking at books. It is a good choice to suit your needs but the problems coming to you is you don't know what kind you should start with. This Life in Balance: 30 Day Challenge is our recommendation to help you keep up with the world. Why, because book serves what you want and need in this era.

Hubert Smith:

Reading a publication tends to be new life style with this era globalization. With looking at you can get a lot of information that can give you benefit in your life. Having book everyone in this world may share their idea. Publications can also inspire a lot of people. A great deal of author can inspire their very own reader with their story or even their experience. Not only the storyplot that share in the textbooks. But also they write about the knowledge about something that you need case in point. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors on this planet always try to improve their talent in writing, they also doing some investigation before they write with their book. One of them is this Life in Balance: 30 Day Challenge.

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