



Better Riding: The Complete Guide to Improving Your English Riding Skills (Young Rider's Handbook)

Jo Bird

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This colorful, hands-on manual delivers vital basic instruction in all the equine skills that children and young teenagers with a keen interest in horses need to acquire. It covers all the practical aspects of tacking up and riding a pony or horse, as well as finding the right instructor, different styles of riding, equipment and its use, managing problem behaviors, and even advanced training such as jumping, dressage skills, and advanced gaits. The book also includes tests and illustrated exercises designed to help both beginners and more capable riders improve their basic riding skills.

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