

## IBLCE Exam Secrets Study Guide: IBLCE Test Review for the International Board of Lactation Consultant Examiners (IBLCE) Examination

IBLCE Exam Secrets Test Prep Team

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\*\*\*Includes Practice Test Ouestions\*\*\*

Get the test prep help you need to be successful on the IBLCE test.

The IBLCE Exam is extremely challenging and thorough test preparation is essential for success. *IBLCE Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the IBLCE Exam.

Not only does it provide a comprehensive guide to the IBLCE Exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

#### IBLCE Exam Secrets Study Guide includes:

- A detailed overview of the international board of lactation consultant examiners examination
- An analysis of anatomy, physiology, and endocrinology
- An extensive review of nutrition and biochemistry
- A breakdown of immunology and infectious disease
- An in-depth look at pathology, pharmacology, and toxicology
- A guide to psychology, sociology and anthropology
- An examination of growth parameters/development
- An extensive review of interpretation of research
- A breakdown of ethical and legal issues
- An analysis of breastfeeding equipment and technology
- A guide to techniques and public health
- An examination of specific chronological period issues
- Comprehensive practice questions with detailed answer explanations

It's filled with the critical information you'll need in order to do well on the test the concepts, procedures, principles, and vocabulary that the International Board of Lactation Consultant Examiners (IBLCE) expects you to have mastered before sitting for the exam.

#### The Anatomy, Physiology, and Endocrinology section covers:

- Milk synthesis and lactation
- Induced lactation, relactation, and inappropriate lactation

#### The Nutrition and Biochemistry section covers:

- Caloric intake, milk volumes and storage capacity, and infant growth
- Human milk banking
- Carbohydrates, oligosaccharides, and glycoconjugates

#### The Immunology and Infectious Disease section covers:

- Immunoglobulins
- Transmission of infections

#### The Pathology, Pharmacology, and Toxicology section covers:

- Factors affecting ability to breastfeed
- Maternal use of drugs and effects on infants

#### The Psychology, Sociology and Anthropology section covers:

- Mother-infant interaction after delivery
- Psychological impact of breastfeeding

#### The Growth Parameters/Development section covers:

- Parameters used to evaluate growth
- Premature infants

#### The Interpretation of Research section covers:

- Theories applied to lactation practice
- methods employed in qualitative research

#### The Ethical and Legal Issues section covers:

- IBLCE code of ethics
- ILCA standards of practice

#### The Breastfeeding Equipment and Technology section covers:

- Breast pumping
- Nipple shields

#### The Techniques and Public Health section covers:

- Counseling a new mother
- Nipple pain

#### The Specific Chronological Period Issues section covers:

- Preterm infants
- Addressing breastfeeding issues

These sections are full of specific and detailed information that will be key to passing the IBLCE Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.



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