



# Small Groups in Counseling and Therapy: Process and Leadership (4th Edition)

*Barbara W. Posthuma*

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**Small Groups in Counseling and Therapy: Process and Leadership (4th Edition)** Barbara W. Posthuma  
**Offers a practical hands-on approach for students who are learning to lead small groups in counseling or therapy settings.**

Students in the various helping professions will find the appropriate conceptual knowledge and practical skills needed for effective small group leadership. This book discusses the theories of leadership and group process and the attributes and roles of leaders, and then applies this information in a practical step-by-step manner.

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