



Promoting Health: Politics and Practice

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`A very interesting melange of descriptive material - in the form of case studies - and more analytical and conceptual pieces covering the broad span of the health and well-being agenda' - *Health Matters*

Promoting Health provides an up-to-date and accessible introduction to current health promotion and public health developments in the UK. The text provides both an outline of health promotion theory and draws on the experience of practitioners to demonstrate health promotion practice and provide students, policymakers and practitioners with practical and theoretical inspiration.

Promoting Health:

- shows clearly the links between health promotion theory and practice, by featuring a range of practical case studies
- includes short papers on key issues within health promotion
- provides a British focus on health promotion but within an international context

This highly accessible volume seeks to present views of health promotion from a materialist perspective - a view widely shared in practice, but not previously explored fully within the literature.



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