



Love Should Not Hurt: Letting Go of the Pain to Live in Freedom

Erin Sluka

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As a Domestic Violence Survivor, I had kept my past a secret from many. I had put on a smile to hide my pain and kept a distance from those who I felt could see through the facade. Eventually, I realized that my emotions were bigger than I could handle on my own and I decided to finally get honest with myself and others and tell my story. This is a book about escaping the emotional prison to find freedom. Despite what has led you to shut out those around you, this book reminds you that you are not alone.

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