



Positive Discipline: The First Three Years-Laying the Foundation for Raising a Capable, Confident Child

Jane Nelsen Ed.D., Cheryl Erwin, Roslyn Ann Duffy

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Make a Difference During the Most Important Years of Your Child's Life


The months leading up to the birth of a child are filled with joy, dreams, plans—and a few worries. As a caring parent, you want to start your child out in life on the proper foundation. But where do you go for the answers to such questions as: How do I communicate with an infant who doesn't understand words? How can I effectively teach boundaries to my toddler? Should I ever spank my child?

Over the years, millions of parents just like you have come to trust **Jane Nelsen's** classic *Positive Discipline* series. These books offer a commonsense approach to child-rearing that so often is lacking in today's world. In *Positive Discipline: The First Three Years*, you'll learn how to use kind but firm support to raise a child who is both capable and confident. You'll find practical solutions and solid advice on how to:

- Encourage independence and exploration while providing appropriate boundaries
- Use non-punitive methods to instill valuable social skills and positive behavior inside and outside the home
- Recognize when your child is ready to master the challenges of sleeping, eating, and potty training, and how to avoid the power struggles that often come with those lessons
- Identify your child's temperament
- Understand what the latest research in brain development tells us about raising healthy children
- And much, much more!

Containing real-life examples of challenges other parents and caregivers have faced, *Positive Discipline: The First Three Years* is the one book that no parent should be without.

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Jeff Sanchez:

Why? Because this Positive Discipline: The First Three Years-Laying the Foundation for Raising a Capable, Confident Child is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will zap you with the secret this inside. Reading this book adjacent to it was fantastic author who write the book in such incredible way makes the content within easier to understand, entertaining method but still convey the meaning completely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of gains than the other book have such as help improving your skill and your critical thinking way. So , still want to postpone having that book? If I have been you I will go to the publication store hurriedly.

Christine Flint:

Positive Discipline: The First Three Years-Laying the Foundation for Raising a Capable, Confident Child can be one of your beginner books that are good idea. We recommend that straight away because this publication has good vocabulary that could increase your knowledge in vocabulary, easy to understand, bit entertaining but still delivering the information. The article author giving his/her effort to put every word into satisfaction arrangement in writing Positive Discipline: The First Three Years-Laying the Foundation for Raising a Capable, Confident Child but doesn't forget the main stage, giving the reader the hottest as well as based confirm resource info that maybe you can be considered one of it. This great information can easily drawn you into brand new stage of crucial pondering.

Cora Spillane:

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