



The Rhythm Method: Sex, Drums and Rock'n'roll

Nicky Forbes

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WHAT HAPPENED ON TOUR, STAYED ON TOUR - UNTIL NOW! The Revillos' sticksman Nicky Forbes (Rocky Rhythm) draws on his musical escapades in the 1970s punk scene and beyond into the 1980s. Delve into The Rhythm Method and be part of the euphoric high of appearing on Top Of The Pops and playing gigs across the world: you'll be there, backstage, onstage, and back in the hotel room... You'll sign to Virgin and record at Abbey Road, have sordid sex in low places, be idolised, be discarded. The author throws you right inside the band's van, on an ill-advised and relentless tour across America. You'll be in the thick of the squabbles, the high jinks, laughs and punch-ups. And you'll hang out with dozens of infamous groups and characters from a fascinating period of recent musical history. __With 30 previously unseen archive pictures. Fast developing a cult status, this book has the limited edition, collectible 'purple swirl' cover by renowned low-brow artist Vince Ray. Additionally, these eBay sales are individually signed by the author. __LOYD GROSSMAN broadcaster and guitarist, says: 'Who'd want to play in a band like this? Nicky's book is essential reading for wannabe pop stars, fans and music biz veterans.' __Melody Maker, Sounds and Record Mirror editor, ALF MARTIN, says: 'The Rhythm Method whacks you in the face fast and furious right from the beginning and just doesn't stop. In this vividly honest tale of the extraordinary, triumphant life and demise of pop group The Rezillos/Revillos, the author doesn't let up even when it comes to the gory stories. He gives us a backstage pass to the mythology that pop is all a high. It was a long time coming but it's worth it.' For more info on the book, reader reviews etc., see www.revillos.co.uk/rhythm

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