



Transitions in Care: Meeting the Challenges of Type 1 Diabetes in Young Adults

Howard A. Wolpert M.D., Barbara J. Anderson Ph.D., Michael A. Harris Ph.D.

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Providing care for a young adult with type 1 diabetes during this stage can be difficult as well. Transitions in Care serves as a coaching manual for health care providers and parents, and as a guide to self-care and independence for young adults with diabetes. It demystifies a complicated period in a life with type 1 diabetes and makes the passage to adulthood easier for everyone involved.

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