



Addictions from an Attachment Perspective: Do Broken Bonds and Early Trauma Lead to Addictive Behaviours? (John Bowlby Memorial Lecture Series)

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This outstanding book is an important collection of papers from the 2013 John Bowlby Memorial Conference by eight accomplished clinicians from different modalities who share their experience of working with people with different kinds of addiction. The papers bring together an in-depth understanding that addictions are a response to, and hold the pain of, broken attachments and are best treated within healthy interpersonal relationships. For a long time the person with an addiction has been seen as the problem with society being able to live in denial of the causes. These papers open up innovative and effective ways of working with people troubled by addiction from an attachment-informed perspective.

Contributors: Cara Crossan, Richard Gill, Lynn Greenwood, Bob Johnson, Edward Khantzian, Liz Karter, Arlene Vetere, Kate White, Jason Wright.

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