

Mini Colouring Book for Adults: Selection of Patterns & Mandalas to Carry With You Everywhere

Charlotte George

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Mini Colouring Book for Adults

Adult colouring has become widely popular and recognized as a great tool to reduce stress and develop a peaceful mind.

Health benefits aside, colouring has always been about letting your imagination spill out onto a page and creating something special and unique.

This book is filled with 15 beautiful and detailed Mandalas and 15 intricate patterns so you will always have a little book of colouring therapy to make you smile.



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