



The Inn Way... to the English Lake District: The Complete and Unique Guide to a Circular Walk in the Lake District

Mark Reid

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"The Inn Way...to the English Lake District": 90 miles, 7 days, 44 pubs. First published in 1998 when it was picked out as "The Sunday Times" 'Travel Book of the Week' and awarded 'Highly Commended' in the Lakeland Book of the Year awards, "The Inn Way...to the English Lake District" has been rewalked, revised and updated for this new 2nd Edition, which is published in spring 2011. "The Inn Way...to the English Lake District" charts a 7 day circular walk through the heart of the Lake District, covering 90 miles (145-km) of paths and passing 44 Lakeland inns along the way. This book is the complete and unique guide to this highly-acclaimed long distance circular walk through the English Lake District. This book is much more than the sum of its detailed maps. Route descriptions, historical quotations and well-researched background describe the area including the remote and beautiful Western Lakes, popular villages such as Rydal, Grasmere and Elterwater, famed for their literary connections, as well as the 44 traditional Lakeland pubs along the way. Through hand drawn maps, with practical information about accommodation, services, public transport, and the ales in the hostelryes along "The Inn Way...to the English Lake District", Mark Reid's newly revised guide gives all of the information needed to appreciate and enjoy the geology, wildlife and history encountered along this six day walk. Above all, the book contains a wealth of history, folklore and perceptive commentary that will help bring the landscape to life. "The Inn Way...to the English Lake District" captures the very essence of Lakeland, from the majestic mountains to the lush valleys, serene lakes, beautiful villages and cosy pubs. The walking route starts and finishes at Ambleside, with suggested overnight stops at Rothwaite, Braithwaite, Buttermere, Boot, Broughton-in-Furness and Coniston.

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