



# The Meaning of Life: Spiritual Insights and Practical Advice on the Big Questions We All Ask

*Tom Gregory*

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THE MEANING OF LIFE is a spiritual book that offers inspiring and compelling responses to big questions like "Who am I and why am I here? Is there a God? Why is there so much suffering? and What happens when I die?" It is a practical book too that is filled with useful suggestions on how we can make better choices and experience more love, joy and creativity in our lives. Written in an entirely new, visual style, the book has hundreds of illustrations that make it easy and fun-to-read. Readers will find the writing style conversational, not "preachy". THE MEANING OF LIFE covers a wide range of topics, including the nature of our souls, our mission on Earth, evil, forgiveness, work, children, life partners, sex, and money. The essence of these and other subjects is presented clearly and concisely. The book also takes a fresh look at traditional religious and spiritual views. For example, it unites creationism and evolution by showing how God and the forces of nature might have worked together. It also offers universal principles of behavior called the "Ten Rules of the Road" which are easy-to-understand and empowering while retaining the moral essence of the Ten Commandments. The book depicts God as being both masculine and feminine, and presents the "Seven 'Why Me?' Factors" to explain that what happens to us is not always "God's Will" or "our karma." The book also suggests how religion could move to a "higher level" and how together we might create "Heaven on Earth." Families will especially appreciate the book as its positive spiritual beliefs and practical guidelines will help to promote a meaningful dialogue between parents and their children. THE MEANING OF LIFE explores our spiritual nature and the challenges of everyday life all in a fun, thought-provoking and creatively visual way. This hopeful book is based on the belief that we are glorious spiritual beings with the power to transform our lives and the state of the world.

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