



Midlife Crisis

Jason Ayres

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If you were offered the chance to live six days of your life over again, which would you choose? Richard Kent is middle-aged, bored and miserable. His weight has ballooned to eighteen stone giving him high blood pressure and gout. His wife nags him, his kids ignore him and his boss thinks he's a dinosaur. Everything from television to pop music seems like it was so much better in the past. When redundancy looms, a leap off the roof of a car park beckons. But then a familiar face from his own past appears and offers him the chance to go back. A trip back to 1984 in the body of his seven-year-old self is just the beginning of a roller-coaster journey through his own life. This novel is the first in a new series of spin-offs set in the same universe as the author's Time Bubble series. It can be enjoyed without the need to have read the earlier stories. A sequel, Rock Bottom is now available for pre-order. It will be released on 27th January 2017.

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Douglas Dossett:

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