



Movers and Shapers (Bodyscope)

Patricia Macnair

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The most astonishing and complex organism on Earth—the human body—is explored in this dynamic new series. A dazzling array of specialized photography and state-of-the-art digital illustrations reveals the secrets of human biology in breathtaking detail. Incorporating the very latest medical research, this groundbreaking series provides a compelling guide to what makes us work, from our heartbeat to brain cells. Feature spreads take an in-depth look at a wide range of subjects, including the invisible creatures that call our skin home and the amazing scanning techniques doctors use to peer inside the body. Each book includes a comprehensive glossary, together with key website links.

Bones, muscles, and joints give the human body shape and structure. They also enable us to perform a wide range of movements, from smiling to dancing. Movers and Shapers peels away our outer layers and reveals how the musculoskeletal system works so efficiently and effectively. Along the way, the reader is shown how limbs move, why exercise is vital to keep our muscles and joints in good working order, and how bones heal.

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