



Falls Assessment and Prevention: Home, Hospital, and Extended Care

Lynn S. Alvord

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As Alvord explains in this comprehensive guide to falls prevention, diagnosis, and therapy, more than one-third of adults ages 65 or older fall each year. Among seniors, falls are the underlying cause of a large proportion of fatal traumatic brain injuries. On the positive side, much can be done to prevent injury from falls in the aging population. This book is an ideal guide for clinicians who see patients at risk for falling. It provides complete assessment and treatment plans, incorporating the most recent developments of new balance test equipment and techniques for balance function rehabilitation. The detailed section on assessment covers vestibular, cardiovascular, neurological, rheumatology, metabolic, orthopedic, psychological, cognitive, visual and physical therapy factors. Therapy and prevention chapters cover physical therapy, occupational therapy, and exercise and behavioral modification. A final chapter explains falls prevention programs and clinics. Case studies throughout illustrate successful versus unsuccessful assessment and treatment programs.

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