

Techniques of Child Therapy: Psychodynamic Strategies, Second Edition

Morton Chethik



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This practical text offers an in-depth examination of major issues in child psychotherapy and highlights frequently encountered challenges in working with children and parents. Basic concepts of adult dynamic psychotherapy--such as the therapeutic alliance, resistance, transference and countertransference, and insight--are redefined and adapted to the special requirements of therapy with 4- to 12-year-olds. Readers are guided through a number of cases as treatment unfolds, gaining insight into all of the attendant problems, strategies, and opportunities. Yielding unique insights into the emotional and cognitive world of the child, the volume presents effective treatment strategies for a wide range of clinical problems.

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