



# **Herbal Medicine**

Rudolf Fritz Weiss

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The English translation of the current sixth edition of "Lehrbuch der Phytotherapie", this book takes account of present-day research findings in the field of herbal medicine. This new edition has further suggestions for prescriptions, as well as indications for new areas of application. The main part of the book studies the large body of plant drugs, arranged on a basis of clinical diagnoses relating to particular systems - digestive, cardiovascular, respiratory, urinary, nervous, female reproductive, the skin and the eyes. There are separate chapters on influenza and colds, rheumatic conditions, some metabolic and endocrinal disorders, the use of herbal medicine in cancer, the treatment of wounds and other injuries, and the therapeutic use of herbal baths. In every case the relevant plants are discussed, with information on their occurence and botanical features, differentiation from related species, constituents and medicinal actions.



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