



# The Molding of a Champion

Ann McMurray, Dr. Gregory Jantz

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Today's culture puts a tremendous emphasis on being competitive-- being a winner in life, in a career, and in a perfect relationship. The pressure to succeed can be one of the toughest aspects of growing up for young people in this success-driven society. From his base in the Pacific Northwest, Dr. Gregg Jantz, over the last two decades, has cemented his reputation as one of the country's finest psychologists. His particular passion is seeing young people become everything God intends them to be. In this remarkable new book, Dr. Jantz shares a wealth of wisdom for parents to help shape their child's future in a successful, and faithstrengthening way. Going beyond the standard strategies into a unique perspective drawn from his years of experience in professional practice, along with his own parenting journey, Dr. Jantz offers workable solutions for relationships, drug and alcohol addictions, body image struggles, and living life with purpose.



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